



ROB LICHT CUSTOM SAUNAS

24 Bald Hill Rd, Brooktondale, NY 14817

607-342-0234

roblicht@earthlink.net

www.RobLichtCustomSaunas.com

Using and maintaining the Mobile Sauna

Set up

You will want the sauna to be as level as possible; choose a level site with firm ground. If the site is uneven, it will be easier to level if not attached to your vehicle. Keep a pile of wood blocks handy to help level and block the wheels. You must block the wheels to keep the trailer from rolling!

1. Disengage the locking pin and swivel the trailer jack so it is vertical- be sure the locking pin re-engages with the hole.
2. Using the jack, lower the hitch end of the trailer so the rear is slightly higher.
3. Go to rear and lower the stabilizer feet, locking them securely in place.
4. Go back to the trailer jack and raise the hitch so the trailer is level or slightly lower in the rear. If side to side leveling is needed, try driving the low side up on to blocks or use a car jack and jack stands.
5. Be sure to remove the travel cover from the burner opening. The panel with 1 inch holes must be exposed during operation.

Propane

Two 20 lb propane tanks will fit in the front storage area. One tank should last 3-4 saunas. Follow the instructions and tightly secure the regulator fitting to the tank. Note: valve will not open unless fitting is tightly attached. Open tank valve fully.

Using

Open the side control panel by lifting the cover. Turn timer all the way (clockwise) and turn the heat control to the desired temperature. You will hear clicking as the piezo electric starter tries to light the pilot. If it does not light after a minute, it will stop. You can then turn the knob back to zero then back up to initiate the start sequence again. **After attaching the tank you will need to cycle through this procedure 4-5 times as the gas lines will need to purge of air.**

Once lit, the heater will automatically shut off when the desired heat is reached or the timer runs out. Typically you will need to reset the timer at least once. Let it heat up 30-45 minutes before using so that the rocks are really hot.

Ventilation is designed into the trailer to allow for good air exchange. Intake vents are under the door and stove. Trickle exhaust venting is designed into upper walls. Condensation



ROB LICHT CUSTOM SAUNAS

24 Bald Hill Rd, Brooktondale, NY 14817

607-342-0234

roblicht@earthlink.net

www.RobLichtCustomSaunas.com

dripping from under the metal roof at the eave is a normal part of this venting. opening and closing the door adds more air exchange.

Löyly

Making steam, or *löyly*, is the highpoint of the sauna. Before entering the sauna, be sure the rocks are hot enough to make steam. When you want to make *löyly*, add a cup full of water slowly to the rocks with a long handled dipper, being careful to not let the steam burn you.

Going Mobile

You need to do several things to ensure safe travel with the trailer:

1. Lower the front of the trailer using the trailer jack, taking tension off of the rear stabilizers.
2. Loosen the stabilizer leg bolts and fully raise the stabilizers into their travel position, locking tightly in place with the bolts.
3. Replace control cover, push firmly all the way down.
4. Replace burner travel cover, push and slide into place, loosen tightening bolt so cover slides behind it and firmly tighten. This cover is crucial to keeping water, road salt and rodents out of the burner unit.
5. Attach trailer to vehicle, plug in and check lights, attach safety chains.
6. Swivel the trailer jack to the horizontal position and engage the locking pin.
7. Do not carry any load in the sauna; put any extra load on front stowage area- maintain at least 200 lbs of tongue weight to ensure that the trailer tows correctly.
8. Turn off propane when traveling, secure tank to trailer with bungee cords or strap.
9. Lock the sauna door

Maintaining

The floor will drain to the rear under the door, and under the heater if the trailer is set up so that it slopes slightly to the back. The sauna should be rinsed frequently to remove salt and sweat. For thorough cleaning, use a hose to rinse the benches and floor and raise the front of trailer with the jack so that the water drains out the rear. Annual light sanding of the benches is recommended to remove stains. The rocks should be removed annually and the rock tray cleaned out. The duck boards are in 4 sections and come out for cleaning (push the 3 rear sections and lift up between the benches)

The piezo electric system runs on 2 "D" batteries, which are installed inside the burner over. If the unit fails to start and you do not hear clicking of the ignitor (similar to a gas stove), check and replace the batteries.