



# ROB LICHT CUSTOM SAUNAS

ROBLICHT1@GMAIL.COM • WWW.ROBLICHTCUSTOMSAUNAS.COM • 607-342-0234  
24 BALD HILL RD, BROOKTONDALE NY 14817 • A DIVISION OF ROB LICHT STUDIO, LLC  
CUSTOM BUILT FINNISH STYLE WOODBURNING, ELECTRIC, AND MOBILE SAUNAS

## **Resetting the sauna rocks in your electric heater**

This should be done every year as they crumble a little and settle, lessening the air flow and causing the unit to over heat. To reset, pull them all out carefully, vacuum out any dust and debris, rinse the rocks if needed (like in a gym, where people put all kinds of crap on them) and then carefully replace them by placing them into the slots between the elements one by one. The goal is uniform placement, don't wedge them in or distort the elements, and leave room for air flow. I make sure to place flat ones against the back (towards the sauna room wall) of the heater to shield the high limit sensors. The top layer can stick up but try to place them so water is directed to the center.

After several years you may need new rocks as they break down. You can go to [BalticLeisure.com](http://BalticLeisure.com) and order a new box.